


05/27/08

Letter of Appreciation and Commendation

To ALL Readers,

I had my first visit at Active Lifestyles early Sept 2007 and while my problems were numerous including fibromyalgia, severe left knee arthritis which I know will eventually require replacement and related back problems. Since then, I have encountered a great staff with which I have established several friendships and a chiropractor who has exceeded my expectations. I was lucky in finding him as my medical doctor had referred me to him. I was new in the area and decided to take a chance. I had a great experience with my chiropractor up north and hoped he would be a good fit also. I believe fate brought us together. Not only has he addressed my physical ailments, he has been helpful in answering my questions in other aspects of my health. I soon realized that his skills were not just of a chiropractor but also a physical therapist and a nutritionist, holding numerous degrees from reputable schools such as McGill University, Montreal. More over, no other place has worked hard in minimizing the costs related to my care and at the same time not sacrificing the quality. In fact, quality is what they produce best at Active Lifestyles Chiropractic. You are treated as an individual with individual problems and not just another number. If you try any other facility, you will know the difference.

I thank the staff and Dr. Res at Active Lifestyles for improving my quality of life and for exceptional care. I intend to send all my friends there.


(Ellen Powers)